






Children's House MENU



April 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2 Ham Wrap <i>WG</i> Chicken & Rice Soup w/Carrots Milk Pineapple Slices	3 SoyNut Butter and Jelly on Wheat <i>WG</i> Carrot Sticks w/Dip Milk Warm Cinnamon Applesauce	4 Lasagna w/Meat Sauce Green Beans Warm Wheat Roll <i>WG</i> Milk Honeydew Melon	5 Fish Sticks Seasoned White/Brown Rice <i>WG</i> Cucumbers w/ Ranch Dressing Milk Orange Slices	6 Sliced Turkey in Gravy Mashed Potatoes Steamed Broccoli Milk Apple Wedges w/Honey	
	9 Spaghetti <i>WG</i> & Meatballs w/Tomato Sauce Cauliflower Milk Pears	10 Chicken & Penne w/Cheddar & Broccoli Warm Roll <i>WG</i> Milk Peaches & Cream	11 Pancakes w/Syrup Hash Browns Banana Chunks Milk Blueberries & Yogurt	12 Mac <i>WG</i> & Cheese Tossed Salad w/Cucumbers & Dressing Green Beans Milk Cantaloupe Wedges	13 Asian Chicken Stir Fry Wrap <i>WG</i> w/ Pea Pods, Carrots Rice Noodles Milk Pineapple Rings	
<i>The Week of the Young Child!</i> 	16 Chicken Patty Mashed Sweet Potatoes Steamed Cauliflower Milk Pear Slices	17 Taco Salad w/ Lettuce, Seasoned Ground Turkey, Cheese, Salsa Mexican Rice <i>WG</i> Milk Orange Slices	18 Ham & Cheese Sandwich on Wheat <i>WG</i> Cucumbers & Carrots w/Dip Goldfish Milk Mixed Fruit Cup	19 Chicken Nuggets w/Sweet & Sour Sauce Seasoned Egg Noodles Corn Milk Pineapple Rings	20 Ziti <i>WG</i> w/Marinara Sauce Mozzarella Cheese Green Peas Milk Apple Slices	
	23 Cheese Pizza <i>WG</i> Cucumber & Carrot Salad Tri-Color Pasta Milk Warm Applesauce	24 Pasta Twists <i>WG</i> w/Marinara Shredded Parmesan Sliced/Steamed Zucchini Milk Pineapple w/Plain Greek Yogurt	25 French Toast Sticks <i>WG</i> w/Syrup Hash Browns Breakfast Ham Milk Banana Chunks	26 Teriyaki Meatballs Brown Rice <i>WG</i> Green Beans Milk Tropical Fruit Cup	27 Grilled Cheese <i>WG</i> Tomato Soup Baby Carrots Goldfish Crackers Milk Clementines	
	30 Fish Sticks Mashed Potatoes Wheat Roll <i>WG</i> Corn Milk Cinnamon Applesauce				<i>Whole, unflavored milk is served to children under 2. 1%, unflavored milk is served to children 2.0+.</i>  	

(WG) = Whole Grain Food