






# Children's House MENU



April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 French Toast Sticks <b>WG</b> w/Syrup Hash Browns Breakfast Ham  Milk Banana Chunks	2 Chicken Nuggets BBQ Sauce Sweet Potato Mash/ Roll Cauliflower  Milk Orange Smiles	3 Lazy Lasagna w/Ricotta & Meat Sauce <b>(HM)</b> Green Beans Warm Wheat Roll <b>WG</b> Milk Honeydew Melon	3 SoyNut Butter and Jelly on Wheat <b>WG</b> Carrot Sticks w/Dip Minestrone Soup Milk Warm Cinnamon Applesauce	3 Sliced Turkey in Gravy Mashed Potatoes Broccoli Bread <b>WG</b> & Butter Milk Apple Wedges w/Honey	
<i>The Week of the Young Child!</i> 	8 Spaghetti & Meatballs w/Tomato Sauce Peas Warm Roll <b>WG</b>  Milk Pears	9 Chicken Patty Egg Noodles Steamed Cauliflower  Milk Strawberries & Cream	10 Pancakes w/Syrup Hash Browns Banana Chunks  Milk Blueberries & Yogurt	11 Mac <b>WG</b> & Cheese Tossed Salad w/Cucumbers & Dressing Green Beans  Milk Cantaloupe Wedges	12 Asian Chicken Stir Fry Wrap w/ Pea Pods, Carrots Rice <b>WG</b>  Milk Pineapple Rings	
	15 Chicken & Penne w/Cheddar & Broccoli Warm Roll <b>WG</b>  Milk Peaches & Cream	16 Taco Salad w/ Lettuce, Seasoned Ground Turkey, Cheese, Salsa Mexican Rice <b>WG</b> Milk Orange Slices	17 Tuna & Cheese Sandwich on Wheat <b>WG</b> Cucumbers & Carrots w/Dip Goldfish Milk Mixed Fruit Cup	18 Chicken Nuggets w/Sweet & Sour Sauce Seasoned Tri-Color Pasta Corn Milk Pineapple Rings	19 Baked Ziti <b>WG</b> w/Marinara Sauce w/ Mozzarella Green Peas  Milk Apple Slices	
	22 Fish Sticks Mashed Potatoes Wheat Roll <b>WG</b> Corn  Milk Cinnamon Applesauce	23 Pasta Twists <b>WG</b> w/Grated Parmesan and Diced Ham Steamed Zucchini  Milk Pineapple w/Plain Greek Yogurt	24 Chicken Nuggets Roll <b>WG</b> Cucumbers w/ Ranch Dressing  Milk Orange Slices	25 Meatballs & Brown Gravy Brown Rice <b>WG</b> Green Beans  Milk Tropical Fruit Cup	26 Grilled Cheese <b>WG</b> Tomato Soup Baby Carrots Goldfish Crackers Milk Pineapple Slices	
	29 Cheese Pizza <b>WG</b> Cucumber & Carrot Salad Tri-Color Pasta  Milk Warm Applesauce	30 Ham Wrap <b>WG</b> Chicken & Rice Soup w/Carrots  Milk Clementines			<i>Whole, unflavored milk is served to children under 2. 1%, unflavored milk is served to children 2.0+.</i>  	

**(WG) = Whole Grain Food**