




# AUGUST 2018

## MENU

Mon	Tue	Wed	Thu	Fri
<p><b>Color = Whole Grain Food</b></p> <p><i>Note: Whole, unflavored milk is served to children under 2. 1% unflavored milk is served to children over 2.</i></p> 		<p><b>1</b> Waffles (WG) w/Syrup Breakfast Ham Hash Browns</p> <p>Milk Bananas w/Yogurt Dip</p>	<p><b>2</b> Shepherd's Pie (served separately - mashed potatoes corn, seasoned hamburger) Wheat Bread (WG)</p> <p>Milk Fruit Cup</p>	<p><b>3</b> Turkey Sandwich on Wheat (WG) French Fries w/ Ketchup Tossed Salad</p> <p>Milk Peaches n' Cream</p>
<p><b>6</b> Mac &amp; Cheese Steamed Zucchini &amp; Squash Wheat Bread (WG) &amp; Butter</p> <p>Milk Orange Smiles</p>	<p><b>7</b> Soft Tacos (WG) Seasoned Meat, Lettuce, Cheese, Salsa Tortilla Crisps</p> <p>Milk Watermelon Slices</p>	<p><b>8</b> Baked Pasta (WG) Twists w/Meat Sauce (HM) Mixed Mozzarella/ Parmesan Cheese Corn Milk Sliced Strawberries w/Chocolate Pudding Dip</p>	<p><b>9</b> Teriyaki Meatballs Wild (WG) Rice Steamed Broccoli</p> <p>Milk Pears</p>	<p><b>10</b> Ham &amp; Shredded Cheddar Cheese on Wheat Wrap (WG) Pickles Celery w/Dip Tator Tots Milk Pineapple Rings</p>
<p><b>13</b> Chicken Tenders w/Sweet &amp; Sour Sauce Baby Carrots Sweet Potato Mash</p> <p>Milk Fresh Apple Slices</p>	<p><b>14</b> Wheat Pita (WG) Pizza (Turkey Pepperoni, Tomato Sauce, Mozzarella Cheese) Marinara Dip Fresh Green Beans Milk Blueberries &amp; Yogurt Freeze</p>	<p><b>15</b> WowButter &amp; J Sandwiches (WG) Carrot Sticks w/Dip Tomato Soup</p> <p>Milk Melon Chunks</p>	<p><b>16</b> Chicken Alfredo Spinach Salad w/ Cucumbers &amp; Dressing Warm Rolls (WG)</p> <p>Milk Tropical Fruit Cocktail</p>	<p><b>17</b> Sloppy Joes on a Roll (WG) Summer Squash French Fries w/ Ketchup</p> <p>Milk Peaches</p>
<p><b>20</b> Pancakes w/Syrup Yogurt Whip Applesauce</p> <p>Milk Banana Chunks</p>	<p><b>21</b> Grilled (WG) Cheese Honeydew Melon Wedges w/Fruit Dip Minestrone Soup Milk Strawberry Topped Angel Cake</p>	<p><b>22</b> Chicken Stir Fry Teriyaki Sauce Brown Rice (WG) Steamed Broccoli</p> <p>Milk Fresh Pineapple Wedges</p>	<p><b>23</b> Chicken Parmesan Steamed Broccoli Florets Seasoned Pasta (WG)</p> <p>Milk Orange Slices</p>	<p><b>24</b> Fish Tacos (w/Shredded Lettuce &amp; Tartar Sauce) on Soft Taco Shel (WG) Cheesy Cauliflower Milk Applesauce w/Warm Cinnamon Pita Wedges</p>
<p><b>27</b> Mac (WG) &amp; Cheese Steamed Whole Green Beans</p> <p>Milk Orange Smiles</p>	<p><b>28</b> Meatball Grinder w/ Marinara Sauce on Roll (WG) Corn</p> <p>Milk Vanilla Yogurt w/ Sliced Strawberries</p>	<p><b>29</b> Cheese Quesadillas (WG) Salsa Mexican Rice (mix of brown/white) Shredded Lettuce and Cucumbers</p> <p>Milk Watermelon</p>	<p><b>30</b> BBQ Chicken Nuggets Seasoned Mixed Rice (WG) Corn</p> <p>Milk Mixed Fruit</p>	<p><b>31</b> Elbow Pasta (WG) w/ Meat Sauce (HM) Warm Rolls Peas</p> <p>Milk Fresh Apple Slices</p>

