




AUGUST 2019

MENU

Mon	Tue	Wed	Thu	Fri
<p><i>Whole, unflavored milk is served to children under 2. 1% unflavored milk is served to children over 2.</i></p> 	<p>(HM) = Home Made Color (WG) = Whole Grain Food</p>		<p>1 Fish Tacos (w/Shredded Lettuce &, Tartar Sauce) on Soft Taco Shell (WG) Cheesy Cauliflower</p> <p>Milk Fruit Cup</p>	<p>2 American Chop Suey Tossed Salad w/ Shredded Carrots Bread (WG) & Butter</p> <p>Milk Fresh Apple Slices</p>
<p>5 Waffles (WG) w/Syrup Breakfast Ham Hash Browns</p> <p>Milk Bananas</p>	<p>6 Soft Tacos (WG) Seasoned Meat, Lettuce, Cheese, Salsa Corn Tortilla Crisps Milk Watermelon Slices</p>	<p>7 Mac & Cheese Steamed Zucchini & Squash Wheat Bread (WG) & Butter</p> <p>Milk Orange Smiles</p>	<p>8 Teriyaki Meatballs Wild (WG) Rice Steamed Broccoli</p> <p>Milk Sliced Strawberries w/Chocolate Pudding Dip</p>	<p>9 Chicken Tenders w/ Sweet & Sour Sauce Steamed Baby Carrots Sweet Potato Mash</p> <p>Milk Pears</p>
<p>12 Ham & Shredded Cheddar Cheese on Wheat Wrap (WG) Pickles Celery w/Dip Tator Tots</p> <p>Milk Pineapple Rings</p>	<p>13 Wheat Pita (WG) Pizza (Turkey Pepperoni, Tomato Sauce, Mozzarella Cheese) Marinara Dip Fresh Green Beans</p> <p>Milk Tropical Fruit & Yogurt Freeze</p>	<p>14 Baked Pasta (WG) Twists w/Meat Sauce (HM) Mixed Mozzarella/ Parmesan Cheese Corn</p> <p>Milk Melon Chunks</p>	<p>15 Chicken Alfredo Spinach Salad w/ Cucumbers & Dressing Warm Rolls (WG)</p> <p>Milk Fruit Cocktail</p>	<p>16 Sloppy Joes on a Roll (WG) Summer Squash French Fries w/ Ketchup</p> <p>Milk Peaches</p>
<p>19 Pancakes w/Syrup Yogurt Whip Applesauce</p> <p>Milk Banana Chunks</p>	<p>20 Grilled (WG) Cheese Baby Carrots w/Dip Chicken Noodle Soup (HM)</p> <p>Milk Blueberry Topped Angel Cake</p>	<p>21 Chicken Stir Fry Teriyaki Sauce Brown Rice (WG) Steamed Broccoli</p> <p>Milk Fresh Pineapple Wedges</p>	<p>22 Chicken Parmesan Steamed Broccoli Florets Seasoned Pasta (WG)</p> <p>Milk Orange Slices</p>	<p>23 Shepherd's Pie (served separately - mashed potatoes - corn, seasoned hamburg) Wheat Bread (WG) Milk Applesauce w/Warm Cinnamon Pita Wedges</p>
<p>26 Mac (WG) & Cheese Steamed Whole Green Beans</p> <p>Milk Orange Smiles</p>	<p>27 Meatball Grinder w/ Marinara Sauce on Roll (WG) Corn</p> <p>Milk Sliced Strawberries w/Cream</p>	<p>28 Cheese Quesadillas (WG) Salsa Mexican Rice (mix of brown/white) Shredded Lettuce and Cucumbers</p> <p>Milk Watermelon</p>	<p>29 BBQ Chicken Nuggets Seasoned Mixed Rice (WG) Corn</p> <p>Milk Mixed Fruit</p>	<p>30 Elbow Pasta (WG) w/ Meat Sauce (HM) Warm Rolls Peas</p> <p>Milk Fresh Apple Slices</p>

