



# February 2019





Mon

Tue

Wed

Thu

Fri

				<p>1</p> <p>Mac &amp; Cheese (Cauliflower)</p> <p>Milk Strawberries</p>
<p>4</p> <p>Turkey &amp; Cheese on Wheat Wraps (WG) Lettuce/Tomato Pickles Pita Chips Milk Apple Slices</p>	<p>5</p> <p>Chicken &amp; Mozzarella Pizza (on WG pita) Steamed Broccoli</p> <p>Milk Cantaloupe Wedges</p>	<p>6</p> <p>Fish Boat (WG Roll) Baby Carrots &amp; Cucumbers w/Dip</p> <p>Milk Honeydew Balls</p>	<p>7</p> <p>Chicken &amp; Rice w/ Gravy Peas</p> <p>Milk Pineapple Chunks</p>	<p>8</p> <p>French Toast w/Syrup Plain Yogurt w/Fresh Strawberries Hash Browns</p> <p>Milk Banana Chunks</p>
<p>11</p> <p>Mac (WG) &amp; Cheese Peas</p> <p>Milk Applesauce</p>	<p>12</p> <p>Meatball Grinder w/Marinara Sauce on Wheat Hot Dog Roll (WG) Tator Tots</p> <p>Milk Orange Smiles</p>	<p>13</p> <p>SoyButter/Jam Sandwich on Wheat Bread (WG) Minestrone Soup Broccoli &amp; Dip Milk Apple Slices</p>	<p>14</p> <p>Cheese Tortellini Soup <small>Parmesan Cheese</small> Green Beans Bread Sticks</p> <p>Milk Fruit Cocktail <b>Valentine's Party!</b></p>	<p>15</p> <p>Shepherd's Pie (seasoned hamburger, gravy, corn, potatoes) Wheat Roll (WG)</p> <p>Milk Peaches w/Cream</p>
<p>18</p>  <p><b>Center Closed President's Day</b></p>	<p>19</p> <p>Pasta (WG) &amp; Meat Sauce (Homemade) Green Beans</p> <p>Milk Peach Slices</p>	<p>20</p> <p>Turkey Chunks w/Gravy Steamed Broccoli Cornbread Stuffing</p> <p>Milk Clementine Sections</p>	<p>21</p> <p>Chicken Patty Linguini Carrots (Italian Dressing) Warm Wheat Roll (WG)</p> <p>Milk Sliced Pears</p>	<p>22</p> <p>Grilled Cheese on Wheat Bread (WG) Chicken Noodle Soup Cucumber Slices</p> <p>Milk Pineapple Rings</p>
<p>25</p> <p>Pancakes w/Syrup Strawberries w/Cottage Cheese Hash Browns</p> <p>Milk Melon Wedges</p>	<p>26</p> <p>Ham &amp; Cheese on Wheat Bread (WG) Tomato Soup Goldfish Crackers</p> <p>Milk Pears</p>	<p>27</p> <p>Taco Salad (seasoned meat, lettuce, salsa, shredded cheddar cheese) Baked Tortilla Chips (soft tortilla for I/T) Milk Baked Cinnamon Apples</p>	<p>28</p> <p>Chicken &amp; Veggie Stir Fry Teriyaki Sauce White/Brown Rice (WG)</p> <p>Milk Plain Yogurt w/ Blueberries</p>	<p>Whole, unflavored milk is served to children under 2. 1%, unflavored milk is served to children 2.0+.</p>  <p>(WG) = Whole Grain Food</p>