

January 2018

Children's House MENU



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p>  <p><i>Center Closed</i></p>	<p>2</p> <p>Turkey Wrap^(WG) w/ Lettuce, Tomato Chicken Noodle Soup w/Carrots</p> <p>Milk Applesauce</p>	<p>3</p> <p>Spaghetti^(WG) and Meat Sauce Tossed Salad w/ Dressing</p> <p>Milk Peaches n' Cream</p>	<p>4</p> <p>Chicken Nuggets w/Sweet & Sour Sauce Brown^(WG)/White Rice Green Beans Milk Fresh Apple</p>	<p>5</p> <p>Shepherd's Pie (seasoned hamburg, gravy, corn, potatoes) Warm Roll^(WG)</p> <p>Milk Orange Slices</p>	
	<p>8</p> <p>Swedish Meatballs Steamed Carrots Egg Noodles</p> <p>Milk Pear Slices</p>	<p>9</p> <p>Grilled Cheese Sandwich^(WG) Tomato Soup Pita Chips</p> <p>Milk Pineapple Chunks</p>	<p>10</p> <p>Waffles^(WG) w/Syrup Hash Browns Applesauce</p> <p>Milk Strawberries n' Plain Yogurt</p>	<p>11</p> <p>American Chop Suey Broccoli Florets Warm Rolls^(WG)</p> <p>Milk Peaches</p>	<p>12</p> <p>Taco Salad (Chips*^(WG), Meat, Lettuce, Tomato, Cheese, Salsa)</p> <p>Milk Sherbet on Mixed Fruit Cup <small>*Made from whole wheat soft shells. Shells left soft for Tods.</small></p>	
	<p>15</p> <p><i>Center Closed in observance of Martin Luther King, Jr. Day</i></p>	<p>16</p> <p>Mac & Cheese Steamed Broccoli Bread^(WG) & Butter</p> <p>Milk Melon Slices</p>	<p>17</p> <p>Fish Boats*^(WG) w/ Lettuce (tartar sauce optional) Steamed Baby Carrots</p> <p>Milk Apple Slices <small>*On wheat long bun</small></p>	<p>18</p> <p>Chicken Patties Steamed Cauliflower Mashed Potatoes</p> <p>Milk Peaches n' Cream</p>	<p>19</p> <p>Cheese Ravioli w/Marinara Sauce Peas Warm Wheat Roll^(WG) Milk Blueberries w/ Plain Greek Yogurt</p>	
	<p>22</p> <p>Chicken Stir Fry Rice^(WG) Mixed Veggies</p> <p>Milk Fresh Pineapple</p>	<p>23</p> <p>Meatballs in Gravy Sweet Potatoes Green Beans</p> <p>Milk Orange Slices</p>	<p>24</p> <p>Cheese Quesadillas Rice^(WG) Salsa</p> <p>Milk Angel Cake w/ Strawberries</p>	<p>25</p> <p>Tuna Salad on Wheat Bread^(WG) Noodle Soup w/ Carrots</p> <p>Milk Melon Wedges</p>	<p>26</p> <p>French Bread Pizza Seasoned Pasta ^(WG) Corn Milk Chilled Peaches</p>	
	<p>29</p> <p>Ham & Cheese Wrap^(WG) Lettuce Pickles Goldfish Tomato Soup</p> <p>Milk Applesauce</p>	<p>30</p> <p>Pancakes w/Syrup Strawberry Yogurt Parfait (layered fresh strawberries, yogurt and granola) Hash Browns</p> <p>Milk Pineapple Rings</p>	<p>31</p> <p>Soynut Butter Sandwich^(WG) Minestrone Soup w/Steamed Carrots</p> <p>Milk Sliced Pears</p>	<p>Whole, unflavored milk is served to children under 2. 1%, unflavored milk is served to children over 2.</p> 	 <p>^(WG) = Whole Grain Food Item</p> 	