

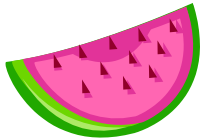





July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1 Chicken Patty on a Roll WG Lettuce Pickles Cauliflower</p> <p>Milk Apple Wedges</p>	<p>2 Grilled Cheese WG Carrot Sticks w/Dip Goldfish</p> <p>Milk Blueberries on Vanilla Yogurt</p>	<p>3 Meatballs w/Brown Gravy Seasoned Egg Noodles Green Beans</p> <p>Milk Applesauce</p>	<p>4 Center Closed <i>Happy 4th of July!</i></p> 	<p>5 Taco Salad w/ Seasoned Hamburg, Lettuce, Salsa, Cheddar Cheese Soft Tortilla WG Wedges Milk Watermelon</p>	
<p>Yum!</p> 	<p>8 Fish Sticks Rice Pilaf WG Steamed Broccoli</p> <p>Milk Honeydew Melon</p>	<p>9 Baked Ziti WG w/Meat Sauce (HM) & Parmesan Cucumber & Spinach Salad</p> <p>Milk Pears</p>	<p>10 Turkey & Cheese Sandwich WG Baby Carrots w/Ranch Dip Pickle Wedges</p> <p>Milk Pineapple Chunks</p>	<p>11 French Toast WG w/Syrup Cottage Cheese Hash Browns</p> <p>Milk Bananas</p>	<p>12 Diced Chicken w/Gravy Mashed Sweet Potatoes Corn Warm Roll WG Milk Peaches</p>	
	<p>15 BBQ Chicken Nuggets Mashed Potatoes Green Peas Bread WG & Butter</p> <p>Milk Strawberry Topped Angel Cake</p>	<p>16 WG English Muffin Cheese & Turkey Pepperoni Pizza Green Beans</p> <p>Milk Pears</p>	<p>17 Ham & Cheese Sandwich WG w/Lettuce 'Tator Tots Pickle Chips</p> <p>Milk Apple Slices</p>	<p>18 Pasta Twists WG Diced Chicken w/Alfredo Sauce Steamed Carrots</p> <p>Milk Applesauce</p>	<p>19 Sloppy Joe on Roll WG Tossed Salad w/ Dressing</p> <p>Milk Orange Slices</p>	
	<p>22 Waffles w/Syrup Hash Browns Yogurt</p> <p>Milk Pineapple Rings</p>	<p>23 Mac & Cheese (HM) Peas Wheat Roll WG</p> <p>Milk Cantaloupe Chunks</p>	<p>24 Fish Sticks Seasoned Egg Noodles Steamed Carrots</p> <p>Milk Strawberries & Cream</p>	<p>25 Meatball Grinders w/Sauce on a hot dog bun WG Steamed Cauliflower</p> <p>Milk Applesauce</p>	<p>26 Cheese Quesadillas Salsa Rice WG w/Beans & Corn</p> <p>Milk Watermelon Chunks</p>	<p>Yummy and Healthy!</p> 
	<p>29 Wowbutter and Jam Sandwich WG Cucumbers & Fresh Zucchini w/Dip Milk Applesauce</p>	<p>30 Sweet & Sour Chicken Angel Hair Pasta Steamed Broccoli</p> <p>Milk Orange Slices</p>	<p>31 Shepherd's Pie (served separately - mashed potatoes corn, seasoned hamburger) WG Bread w/Gravy Milk Tropical Fruit Cup</p>	<p>WG = Whole Grain Food</p>  <p>Whole, unflavored milk is served to children under 2. 1%, unflavored milk is served to children 2+</p>		