



# MENU ~ March 2022



Mon	Tue	Wed	Thu	Fri
	<p>1 Ham &amp; Cheese Melt <i>WG</i> Seasoned Corn French Fries</p> <p>Milk Orange Sections</p>	<p>2 Meatballs in Brown Gravy Mashed Potatoes Mixed Peas/Carrots</p> <p>Milk Apple Slices</p>	<p>3 Chicken/Broccoli Pizza <i>WG</i> w/Mozzarella Steamed Carrots</p> <p>Milk Peaches &amp; Cream</p>	<p>4 <b>Center Closed</b></p> <p><i>Professional Development Day for Staff</i></p>
<p>7 Waffles <i>WG</i> w/Syrup Hash Browns Cottage Cheese</p> <p>Milk Fruit Cocktail</p>	<p>8 Pasta Alfredo Spinach/Lettuce Salad w/Dressing Warm Wheat Roll <i>WG</i></p> <p>Milk Peaches</p>	<p>9 Shredded Chicken Mexican Rice <i>WG</i> Black Beans Salsa/Plain Yogurt Corn</p> <p>Milk Melon Cubes</p>	<p>10 English Muffin <i>WG</i> Pizza w/Turkey Pepperoni &amp; Mozzarella Cheese Broccoli Florets Milk Pears</p>	<p>11 Grilled Cheese Sandwiches on Wheat <i>WG</i> Baby Carrots w/ Yogurt/Cucumber Dip Noodle Soup Milk Orange Wedges</p>
<p>14 Chicken Patty on a Roll <i>WG</i> Ketchup/Mayo Cucumber &amp; Carrot Salad w/Vinaigrette Dressing Baked French Fries Milk Pineapples</p>	<p>15 Fish Sticks Peas Mashed Potatoes Warm Roll <i>WG</i></p> <p>Milk Plain Yogurt w/ Blueberries &amp; Honey Swirl</p>	<p>16 Meat Lasagna Warm Roll <i>WG</i> Fresh Steamed Green Beans</p> <p>Milk Mandarin Oranges</p>	<p> 17 Ham &amp; Cheese on Wheat <i>WG</i> Tomato Soup Sliced Cucumbers w/ Light Ranch/Yogurt Dip</p> <p>Milk <b>St. Patrick's Day Party Treats &amp; Fresh Fruit</b> </p>	<p>18 Diced Grilled Chicken w/ Country Gravy Buttermilk Biscuits Green Beans</p> <p>Milk Pears</p>
<p>21 Chicken Parmesan Seasoned Pasta <i>WG</i> Green Beans</p> <p>Milk Strawberry Yogurt w/Strawberries</p>	<p>22 Meatballs &amp; Beef Gravy Sweet Potato Mash Bread <i>WG</i> &amp; Butter Peas</p> <p>Milk Melon Chunks</p>	<p>23 Mac &amp; Cheese <i>WG</i> Broccoli Florets Pumpkin Bread</p> <p>Milk Orange Smiles</p>	<p>24 Chicken Teriyaki Stir Fry Oriental Veggies Rice <i>WG</i></p> <p>Milk Pears</p>	<p>25 Fish Sticks Egg Noodles Carrots</p> <p>Milk Cinnamon Applesauce</p>
<p>28 Penne <i>WG</i> w/Meat Sauce <i>HM</i> Garlic Bread Steamed Cauliflower</p> <p>Milk Applesauce</p>	<p>29 Seasoned, Baked Chicken Tenderloins Tossed Salad w/ Italian Dressing Garlic Bread <i>WG</i></p> <p>Milk Peaches</p>	<p>30 Soft <i>WG</i> Tacos Seasoned Meat, Lettuce, Cheese, Salsa Corn w/Light Mexican Seasoning Milk Mandarin Oranges</p>	<p>31 French Toast Sticks <i>WG</i> w/Syrup Hash Browns Vanilla Yogurt</p> <p>Milk Fruit Cocktail</p>	<p><i>Whole, unflavored milk is served to children under 2. 1%, unflavored milk is served to children 2.0+.</i></p>  <p><i>(WG) = Whole Grain (HM) = Homemade</i></p>