



# NOVEMBER 2017

## MENU



Mon	Tue	Wed	Thu	Fri
	<p>Whole, unflavored milk is served to children under 2. 1% unflavored milk is served to children over 2.</p> 	<p>1 American Chop Suey (w/WG Pasta, Hamburg, Marinara Sauce) Steamed Broccoli</p> <p>Milk Pineapple Rings</p>	<p>2 Grilled Cheese on Wheat Bread Tossed Salad w/ Cucumber Slices and Dressing</p> <p>Milk Sliced Pears </p>	<p>3 Fish Sticks Seasoned Egg Noodles Mixed Steamed Veggies</p> <p>Milk Warm Applesauce</p> 
<p>6 Meatball Grinder on a WG Roll Peas Tator Tots</p> <p>Milk Apple Wedges </p>	<p>7 Warm Turkey &amp; Cheese Roll-Ups Green Beans Sliced Wheat Bread</p> <p>Milk Fruit Cocktail </p>	<p>8 Chicken Patty w/ Gravy Tossed Salad w/ Dressing Sweet Potato Mash</p> <p>Milk Peaches</p>	<p>9 Soy Nut/Jelly (WG) Sandwiches Chicken Noodle Soup w/Carrots</p> <p>Milk Orange Smiles </p>	<p>10 Cheddar Cheese Quesadillas w/Salsa Mexican WG Rice Corn</p> <p>Milk Plain Yogurt w/ Berries </p>
<p>13 Chicken Nuggets w/BBQ Sauce White/Brown Rice Steamed Carrots</p> <p>Milk Fresh Pineapple </p>	<p>14 Ham &amp; Swiss on Wheat Wrap Minestrone Soup (w/veggies) Pickles</p> <p>Milk Angel Cake w/ Strawberries </p>	<p>15 Mac &amp; Cheese Steamed Peas Fish Sticks</p> <p>Milk Apple Wedges</p>	<p>16 Cheese Ravioli w/ Marinara Sauce Warm WG Roll Green Beans</p> <p>Milk Pears </p>	<p>17 Sloppy Joe on a WG Roll Baked Fries w/ Ketchup</p> <p>Milk Peaches &amp; Whipped Cream </p>
<p>20 Tuna Sandwich Tomato Soup Goldfish Crackers</p> <p>Milk Orange Smiles </p>	<p>21 Thanksgiving Feast <i>The children will assist in making a portion of today's feast!</i> Roasted Turkey w/ Stuffing, Mixed Veggies, Cornbread, Mandarin Oranges Milk Apple Crisp</p>	<p>22 Chicken Parmesan Steamed Carrots Seasoned WG Pasta</p> <p>Milk Vanilla Yogurt w/ Berry Topping </p>	<p>23 Center Closed</p> 	<p>24 Center Closed</p>
<p>27 Fish Sticks Mashed Potatoes Steamed Broccoli</p> <p>Milk Vanilla Pudding</p>	<p>28 Mac &amp; Cheese Steamed Carrots Ham Sandwich on Sliced Seedless Rye Bread Milk Sliced Cantaloupe </p>	<p>29 Chicken &amp; Vegetable Stir Fry w/ Brown &amp; White Rice</p> <p>Milk Pineapple Chunks </p>	<p>30 French Toast Sticks Breakfast Ham Hash Browns</p> <p>Milk Banana Slices</p> 	