



# NOVEMBER MENU 2018



Mon	Tue	Wed	Thu	Fri
	<p>Whole, unflavored milk is served to children under 2. 1% unflavored milk is served to children over 2.</p> 		<p>1 Turkey &amp; Cheese on Wheat Bread <b>WG</b> Tossed Salad w/ Cucumber Slices and Dressing</p> <p>Milk Sliced Pears</p>	<p>2 Fish Sticks Seasoned Egg Noodles Mixed Steamed Veggies</p> <p>Milk Warm Applesauce</p>
<p>5 Meatball Grinder on a <b>WG</b> Roll Peas Tator Tots</p> <p>Milk Apple Wedges</p>	<p>6 Warm Ham &amp; Cheese Roll-Ups <b>WG</b> Green Beans Triscuit Crackers <b>WG</b> Milk Fruit Cocktail</p>	<p>7 Chicken Patty w/ Gravy Tossed Salad w/ Dressing Sweet Potato Mash</p> <p>Milk Peaches</p>	<p>8 Soy Nut/Jelly <b>WG</b> Sandwiches Chicken Noodle Soup w/Carrots</p> <p>Milk Orange Smiles</p>	<p>9 Cheddar Cheese Quesadillas w/Salsa Mexican <b>WG</b> Rice Corn</p> <p>Milk Plain Yogurt w/ Berries</p>
<p>12 Cheese Ravioli w/ Marinara Sauce Warm <b>WG</b> Roll Green Beans</p> <p>Milk Pears</p>	<p>13 Ham &amp; Swiss on Wheat Wrap <b>WG</b> Minestrone Soup (w/veggies) Pickles</p> <p>Milk Angel Cake w/ Strawberries</p>	<p>14 Mac <b>WG</b> &amp; Cheese (HM) Steamed Peas Fish Sticks</p> <p>Milk Apple Wedges</p>	<p>15 Chicken Nuggets w/BBQ Sauce White/Brown Rice <b>WG</b> Steamed Carrots Milk Fresh Pineapple</p>	<p>16 Sloppy Joe on a <b>WG</b> Roll Baked Fries w/ Ketchup</p> <p>Milk Peaches &amp; Whipped Cream</p>
<p>19 Tuna Sandwich <b>WG</b> Tomato Soup Cucumber Slices Goldfish Crackers</p> <p>Milk Orange Smiles</p>	<p>20 Thanksgiving Feast <i>The children will assist in making a portion of today's feast!</i> Roasted Turkey w/ Stuffing, Mixed Veggies, Cornbread, Mandarin Oranges Milk Apple Crisp</p>	<p>21 Chicken Parmesan Steamed Carrots Seasoned <b>WG</b> Pasta</p> <p>Milk Yogurt w/Berry Topping</p>	<p>22 <i>Center Closed</i></p>	<p>23 <i>Center Closed</i></p> 
<p>26 Fish Sticks Mashed Potatoes Steamed Broccoli Apple Slices</p> <p>Milk Vanilla Pudding</p>	<p>27 Mac <b>WG</b> &amp; Cheese Steamed Cauliflower Ham Rolls Milk Sliced Cantaloupe</p>	<p>28 Chicken &amp; Vegetable Teriyaki Stir Fry w/ Brown <b>WG</b> &amp; White Rice Milk Pineapple Chunks</p>	<p>29 French Toast Sticks Cottage Cheese Hash Browns</p> <p>Milk Banana Slices</p>	<p>30 American Chop Suey (HM) w/<b>WG</b> Pasta, Hamburg, Marinara Sauce Steamed Broccoli Milk Pineapple Rings</p>