



CHILDREN'S HOUSE

NOVEMBER 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Tuna Salad on a Wheat Wrap (WG) French Fries Peas Milk Pears	1 Grilled Cheese (WG) Tomato Soup Corn Milk Orange Smiles	2 Italian Meatballs w/ Sauce on a Bun (WG) Shredded Mozz Cheese Steamed Broccoli Milk Peaches & Cream	3 Pancakes w/Syrup Vanilla Yogurt Hash Browns Milk Fruit Cocktail	
5 <i>Change clocks back 1 hour!</i> 	6 Cheese Ravioli w/Marinara Sauce Green Beans Warm Bread Sticks Milk Pear Slices	7 Soft (WG) Taco w/ Seasoned Hamburg, Lettuce, Cheddar Cheese, Salsa Corn Milk Honeydew Melon	8 Turkey Pepperoni & Cheese Pizza on Texas Toast Broccoli Milk Peaches	9 Fish Sticks Rice Pilaf Steamed Carrots Milk Pineapple Chunks	10 Closed Veterans Day 	
	13 Baked Chicken Patty Wheat Bun (WG) BBQ Sauce Corn Milk Apple Slices	14 Baked Meatloaf w/Tomato Sauce Mashed Potatoes Peas Milk Pineapple Rings	15 Mac & Cheese (WG/HM) Cauliflower Milk Strawberries N' Plain Yogurt	16 Turkey Sandwich on Wheat Bread (WG) Cucumbers w/Dip Baked French Fries Milk Applesauce w/ Cinnamon	17 Fettuccini Alfredo w/Chicken Steamed Broccoli Milk Orange Smiles	
	20 Chicken Nuggets Sweet & Sour Sauce Seasoned Pasta Green Beans Milk Pineapple Tidbits	21 Thanksgiving Feast <i>Roasted Turkey, Stuffing, Mashed Potatoes w/Gravy, Sweet Peas, Cranberry Sauce</i> Milk Warm Cinnamon Apples & Ice Cream	22 Waffles (WG) w/ Syrup Hash Browns Scrambled Eggs (Pasteurized Eggs) Milk Fresh Banana	23 Closed Thanksgiving 	24 Closed Thanksgiving Break	
	28 Baked Pasta (WG) w/Meat Sauce (HM) Mixed Mozzarella/ Parmesan Cheese Corn Milk Pears	28 English Muffin (WG) Pizza w/Sauce, Turkey-Pepperoni & Mozzarella Cheese Broccoli Milk Mandarin Oranges	29 Meatballs w/Gravy Seasoned Egg Noodles Steamed Cauliflower Milk Tropical Fruit	30		(WG) = Whole Grain Food (HM) = Homemade <i>Whole, unflavored milk is served to children under 2. 1%, unflavored milk is served to children 2+.</i> 