



October 2018



Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>Lazy Lasagna (HM) w/Tomato Sauce and Mozzarella Cheese Salad w/Dressing Whole Wheat Roll (WG) Milk Fruit Cocktail</p>	<p>2</p> <p>Swedish Meatballs Mashed Potatoes Steamed Baby Carrots Bread & Butter (WG) Milk Honeydew Melon</p>	<p>3</p> <p>Rotisserie Chicken Seasoned Rice (WG) Green Beans Milk Apple Slices</p>	<p>4</p> <p>Chicken Nuggets Egg Noodles (WG) Peas Milk Peaches in a Cloud</p>	<p>5</p> <p>BBQ Chicken Patty Mashed Sweet Potato Steamed Cauliflower (WG) Hamburger Roll Milk Sliced Oranges</p>
<p>8</p> <p>WowButter & Strawberry Sandwich on Wheat (WG) Baby Carrots & Sliced Sweet Peppers w/Dip Milk Cantaloupe Wedges</p>	<p>9</p> <p>American Chop Suey (WG Pasta) Warm Wheat Roll Green /Yellow Beans Milk Applesauce</p>	<p>10</p> <p>English Muffin (WG) Pizza w/ Ricotta/Mozz blend, Broccoli & Grilled Chicken Chunks Milk Plain Yogurt w/Fruit</p>	<p>11</p> <p>Ham & Cheese Wrap (WG) Pickles Lettuce/Baby Tomato Salad Milk Pineapple Rings</p>	<p>12</p> <p>Cheese Ravioli w/ Marinara Sauce Steamed Baby Carrots Soft Bread Stick Milk Warmed Blueberries & Angel Cake</p>
<p>15</p> <p>Mac (WG) & Cheese (HM) Steamed Carrots Milk Tropical Fruit</p>	<p>16</p> <p>Sloppy Joes on Roll (WG) Tossed Salad w/ Dressing Tator Tots Milk Fruit Cocktail</p>	<p>17</p> <p>Pancakes w/ Syrup Hash Browns Diced Breakfast Ham Milk Peaches N' Granola</p>	<p>18</p> <p>Baked Ziti (WG) w/Meat Sauce (HM) Mozzarella Cheese Steamed Cauliflower Milk Watermelon Chunks</p>	<p>19</p> <p>Cheese Quesadillas on (WG) Tortilla Lettuce/Salsa/Corn Mexican Rice (Includes WG Rice) Milk Apple Slices</p>
<p>22</p> <p>French Toast (WG) w/Syrup Banana Chunks Cottage Cheese w/ Honey Drizzle Milk Warm Applesauce w/ Cinnamon</p>	<p>23</p> <p>Fish Sticks w/Ketchup Rice Pilaf w/ added Brown Rice (WG) Steamed Carrots Milk Pear Chunks</p>	<p>24</p> <p>Taco Salad (seasoned hanburg, cheddar cheese, lettuce, mild salsa) Soft (WG) tortillas for Tods Mexican Seasoned Corn Milk Fruit & Yogurt Freeze</p>	<p>25</p> <p>Grilled Cheese on (WG) Bread Tomato Soup w/Celery Sticks Triscuit Crackers Milk Pear Slices</p>	<p>26</p> <p>Chicken Parmesan Seasoned Linguini (WG) Steamed Green Beans Milk Pineapple Rings</p>
<p>29</p> <p>Pasta (WG) w/Marinara Sauce Seasoned Chicken Parmesan/Mozz Cheese Broccoli Florets Milk Melon Slices</p>	<p>30</p> <p>Shepherd's Pie (seasoned hamburger, mashed potatoes, corn, gravy—deconstructed) (WG) Bread & Butter Milk Berries & Fresh Cream</p>	<p>31</p> <p>Chicken Nuggets w/Sweet & Sour Sauce Sweet Potato (Baked) Fries Steamed Carrots Milk Orange Slices & Halloween Treats</p>	 <p>Whole, unflavored milk is served to children under 2. 1% unflavored milk is served to children over 2.</p> <p>Whole Grain = WG Home Made = HM</p>	