



CHILDREN'S HOUSE MENU

SEPTEMBER 2018

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|--|--|---|--|-----|
| | <p>3</p> <p>Labor Day Center Closed</p>  | <p>4</p> <p>Ham & Cheese Roll-ups Chicken & Rice (WG/HM) Soup Steamed Carrots</p> <p>Milk Tropical Fruit Cup</p> | <p>5</p> <p>Sloppy Joe on Bun (WG) Cucumber Carrot Salad w/Italian Dressing Tator Tots</p> <p>Milk Pineapple Tidbits</p> | <p>6</p> <p>English Muffin (WG) Pizza w/Turkey Pepperoni & Mozzarella Cheese Green Beans</p> <p>Milk Mandarin Oranges</p> | <p>7</p> <p>Meatballs w/Gravy Seasoned Egg Noodles (WG)Wheat Roll Steamed Broccoli</p> <p>Milk Sliced Apples</p> | |
| | <p>10</p> <p>Fish Sticks (WG) Brown Rice Steamed Carrots</p> <p>Milk Watermelon Chunks</p> | <p>11</p> <p>Soft Wheat (WG) Chicken Taco Lettuce & Cheddar Cheese Taco Sauce/Salsa Seasoned Corn</p> <p>Milk Honeydew Melon</p> | <p>12</p> <p>Baked Meatloaf w/Tomato Sauce Mashed Potatoes Peas</p> <p>Milk Pineapple Rings</p> | <p>13</p> <p>Hearty Turkey Noodle Soup Fresh Veggies (parboiled for Tots) w/dIP Wheat Bread (WG)</p> <p>Milk Orange Slices</p> | <p>14</p> <p>Pancakes (WG) w/Syrup Plain Yogurt w/ Vanilla Hash Browns</p> <p>Milk Fruit Cocktail</p> | |
| | <p>17</p> <p>WowButter & Jelly on Wheat (WG) Noodle Soup w/ Carrots Goldfish</p> <p>Milk Angel Food Cake w/ Warmed Blueberries</p> | <p>18</p> <p>Italian Meatballs w/ Sauce on a Bun (WG) Shredded Mozz Cheese Steamed Broccoli</p> <p>Milk Peaches & Fresh Cream</p> | <p>19</p> <p>Chicken Nuggets Sweet & Sour Sauce Seasoned Egg Noodles Green Beans</p> <p>Milk Pineapple Tidbits</p> | <p>20</p> <p>Turkey Sandwich on Wheat Bread (WG) Lettuce/Condiments Carrot Sticks w/Dip Baked French Fries</p> <p>Milk Fruit Cocktail</p> | <p>21</p> <p>Cheddar Mac (WG/HM) & Cheese Cauliflower</p> <p>Milk Strawberries N' Plain Yogurt</p> | |
| | <p>24</p> <p>Fettuccini Alfredo w/Chicken Steamed Broccoli</p> <p>Milk Melon Wedges</p> | <p>25</p> <p>Grilled Cheese (WG) Tomato Soup Corn Oyster Crackers</p> <p>Milk Orange Smiles</p> | <p>26</p> <p>Waffles (WG) w/Syrup Hash Browns Scrambled Eggs (Pasteurized Eggs)</p> <p>Milk Fresh Banana</p> | <p>27</p> <p>Baked Chicken Patty On Wheat Bun (WG) BBQ Sauce Garden Peas</p> <p>Milk Granny Smith Apple Slices</p> | <p>28</p> <p>Cheese Ravioli w/Marinara Sauce Green Beans Warm Bread Sticks</p> <p>Milk Pear Slices</p> | |
| | <p>(WG) = Whole Grain Food (HM) = Homemade</p> <p>Whole, unflavored milk is served to children under 2. 1%, unflavored milk is served to children 2+.</p>  | | | |  | |