



CHILDREN'S HOUSE MENU

SEPTEMBER 2020

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|--|--|---|---|-----|
| | | <p>1</p> <p>Turkey & Cheese Roll-ups Chicken & Rice (WG/HM) Soup Peas/Carrots Milk Sliced Pears</p> | <p>2</p> <p>Baked Chicken Patty On Wheat Bun (WG) BBQ Sauce Garden Peas Milk Granny Smith Apple Slices</p> | <p>3</p> <p>English Muffin (WG) Pizza w/Sauce, Turkey-Pepperoni & Mozzarella Cheese Broccoli Milk Mandarin Oranges</p> | <p>4</p> <p>Center Closed</p>  <p>Professional Development</p> | |
| | <p>7</p> <p>Labor Day Center Closed</p>  | <p>8</p> <p>Soft Wheat (WG) Chicken Taco Lettuce & Cheddar Cheese Taco Sauce/Salsa Seasoned Corn Milk Honeydew Melon</p> | <p>9</p> <p>Baked Meatloaf w/Tomato Sauce Mashed Potatoes Peas Milk Pineapple Rings</p> | <p>10</p> <p>Hearty Turkey Noodle Soup Fresh Veggies (parboiled for Tods) w/Dip Wheat Bread (WG) Milk Orange Slices</p> | <p>11</p> <p>Pancakes (WG) w/Syrup Plain Yogurt w/Vanilla Hash Browns Milk Fruit Cocktail</p> | |
| | <p>14</p> <p>WowButter & Jelly on Wheat (WG) Carrots Goldfish Milk Fruit Cocktail</p> | <p>15</p> <p>Italian Meatballs w/Sauce on a Bun (WG) Shredded Mozz Cheese Steamed Broccoli Milk Peaches & Fresh Cream</p> | <p>16</p> <p>Chicken Nuggets Sweet & Sour Sauce Seasoned Egg Noodles Green Beans Milk Pineapple Tidbits</p> | <p>17</p> <p>Turkey Sandwich on Wheat Bread (WG) Cucumbers w/Dip Baked French Fries Milk Angel Food Cake w/Blueberries</p> | <p>18</p> <p>Cheddar Mac (WG/HM) & Cheese Cauliflower Milk Strawberries N' Plain Yogurt</p> | |
| | <p>21</p> <p>Fettuccini Alfredo w/Chicken Steamed Broccoli Milk Melon Wedges</p> | <p>22</p> <p>Grilled Cheese (WG) Tomato Soup Corn Oyster Crackers Milk Orange Smiles</p> | <p>23</p> <p>Waffles (WG) w/Syrup Hash Browns Scrambled Eggs (Pasteurized Eggs) Milk Fresh Banana</p> | <p>24</p> <p>Tuna Salad in 1/2 (WG) Pita Chopped Tomato & Lettuce Salad Pickles Milk Melon</p> | <p>25</p> <p>Cheese Ravioli w/Marinara Sauce Green Beans Warm Bread Sticks Milk Pear Slices</p> | |
| | <p>28</p> <p>Mac & Cheese Broccoli Rye Bread Milk Tropical Fruit</p> | <p>29</p> <p>Fish Sticks (WG) Brown Rice Steamed Carrots Milk Watermelon Chunks</p> | <p>30</p> <p>Meatballs w/Gravy Seasoned Egg Noodles (WG)Wheat Roll Steamed Cauliflower Milk Tropical Fruit Cup</p> | <p>(WG) = Whole Grain Food (HM) = Homemade Whole, unflavored milk is served to children under 2. 1%, unflavored milk is served to children 2+.</p>  |  | |