



# CHILDREN'S HOUSE MENU

## SEPTEMBER 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Baked Chicken Patty On Wheat Bun (WG) BBQ Sauce Garden Peas  Milk Granny Smith Apple Slices	2 English Muffin (WG) Pizza w/ Sauce, Turkey-Pepperoni & Mozzarella Cheese Broccoli Milk Mandarin Oranges	3 <b>Center Closed</b>    <b>Professional Development</b>	
	6 <b>Labor Day Center Closed</b>  	7 Soft Wheat (WG) Chicken Taco Lettuce & Cheddar Cheese Taco Sauce/Salsa Seasoned Corn Milk Honeydew Melon	8 Baked Meatloaf w/Tomato Sauce Mashed Potatoes Wheat Roll (WG) Peas  Milk Pineapple Rings	9 Hearty Turkey Noodle Soup Fresh Veggies (parboiled for Tods) w/Dip Wheat Bread (WG)  Milk Orange Slices	10 Pancakes w/Syrup Plain Yogurt w/ Vanilla Yogurt Hash Browns  Milk Fruit Cocktail	
	13 WowButter & Jelly on Wheat (WG) Carrots Goldfish  Milk Fruit Cocktail	14 Italian Meatballs w/ Sauce on a Bun (WG) Shredded Mozz Cheese Steamed Broccoli  Milk Peaches & Fresh Cream	15 Chicken Nuggets Sweet & Sour Sauce Seasoned Egg Noodles Green Beans  Milk Pineapple Tidbits	16 Turkey Sandwich on Wheat Bread (WG) Cucumbers w/Dip Baked French Fries  Milk Angel Food Cake w/ Blueberries	17 Cheddar Mac (WG/HM) & Cheese Cauliflower  Milk Strawberries N' Plain Yogurt	
	20 Fettuccini Alfredo w/Chicken Steamed Broccoli  Milk Melon Wedges	21 Grilled Cheese (WG) Tomato Soup Corn Oyster Crackers  Milk Orange Smiles	22 Waffles (WG) w/ Syrup Hash Browns Scrambled Eggs (Pasteurized Eggs)  Milk Fresh Banana	23 Tuna Salad in 1/2 (WG) Pita Chopped Tomato & Lettuce Salad Pickles Milk Melon	24 Cheese Ravioli w/Marinara Sauce Green Beans Warm Bread Sticks  Milk Pear Slices	
<p>(WG) = Whole Grain Food (HM) = Homemade <i>Whole, unflavored milk is served to children under 2. 1%, unflavored milk is served to children 2+.</i></p> 	27 Mac & Cheese Broccoli Rye Bread  Milk Tropical Fruit	28 Fish Sticks (WG) Brown Rice Steamed Carrots  Milk Watermelon Chunks	29 Meatballs w/Gravy Seasoned Egg Noodles (WG) Wheat Roll Steamed Cauliflower Milk Tropical Fruit Cup	30 Turkey & Cheese Roll-ups Chicken & Rice (WG/ HM) Soup Peas/Carrots  Milk Sliced Pears		